Camp Hope® 2010
What to bring, and What to leave home!

General Information

- You will need to provide your own transportation to the Rock Eagle 4-H Center. Please try to carpool with several friends. **Check-in on Saturday, July 10 between 1 & 2 pm. Plan to be picked up on Friday, July 16 at approximately 11:00 am.**
- If you drive your vehicle and leave it at the camp, both adult and teens, must park their cars at the assigned cabin and **may not drive it again** until we leave on Friday.
- Due to insurance regulations, we require that all hair dryers be used away from the water sources (bathrooms) and stored away in your suitcase when not in use.
- Cabin Leaders will bring a boom box for the cabin—only Christian CD's are allowed.
- Disposable camera—if you bring one, take it out of the bag/box and **write your name on it** before you come to camp.
- Medications must be in a zip-lock bag labeled with your name along with the dose written on a piece of paper. Check in all medication in with the Camp Nurse when you arrive on Saturday.

What to Bring

- Linens or sleeping bag and pillow
- 2 towels—1 for bathing and 1 for swimming (New Counselors will receive a towel upon arrival at camp)
- Personal toiletry items—don't forget the deodorant!
- Sun screen, insect repellant
- Clothing with profane slogans or slogans relating to tobacco, alcohol or drug use shall not be worn. We also ask that in consideration of our campers you leave any designer clothes at home (i.e. Abercrombie, Gap).
- 5 pairs of shorts—school regulation length. Girls—no short shorts will be allowed. Guys must keep their pants pulled up beyond their boxers at all times. If in doubt...Don't bring it!
- 6-8 REGULAR T-shirts (nothing tight fitting, no spaghetti straps). If in doubt...Don't wear it!
- Swimsuit (girls – 1 piece suits only, guys-no Speedos!)
- Flash light – with batteries
- 1 black Sharpie marker & a small roll of tan masking tape to mark your camper's belongings
- Rain gear—an inexpensive poncho works best, one for you, one for your camper
- Christian CD (optional)
- Your bible
- An inexpensive watch.
- Food for snacks: Cornerstone Girls: regular Coke/Pepsi and chips
  Cornerstone Boys: Sprite/Orange/Diet and chips
  Adults and Leadership Counselors: 12 pack of water and a snack alternative

What to Leave Home

- **New in 2010: LEAVE YOUR CELL PHONE AT HOME!**
- DO NOT bring your camper a gift or bring money to buy your camper a snack. You will have a chance to get a gift for your camper when we reunite at hope4christmas® in December!!
- Jewelry, no expensive watches, or other items of great value to you!
- Curling irons/rollers. You may bring a hair dryer if you need to dry your hair after showering.
- Your designer clothes! – Abercrombie, GAP, etc. . Remember, this is camp, not a resort!
- Weapons of any kind, explosive materials, illegal drugs, alcoholic beverages, tobacco products (minors)
- I-pods, PSP's, MP3 players, video games, etc. are not allowed while campers are present. kidzLeaders®, inc. takes no responsibility should these items become lost or stolen.